

PHSE Overview (2026/2027)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1/2	Emotional Wellbeing	Physical Health and Wellbeing	Identity, Society, and Equality	Keeping Safe and Managing Risk	Relationships with Others	SRE
Year 3/4	Emotional Wellbeing	Physical Health and Wellbeing	Keeping Safe and Managing Risk	Relationships with Others	Identity, Society, and Equality	SRE
Year 5	Physical Health and Wellbeing - Taking responsibility for myself	Identity, Society, Equality, and Equity - Human Rights	Keeping Safe and Managing Risks - When things go wrong	Mental Health - Online and in-person relationships	Emotional Wellbeing - Moving on with confidence and clarity	SRE
Year 6	Physical Health and Wellbeing - Taking responsibility for myself	Identity, Society, Equality, and Equity - Human Rights	Virtual Health and Wellbeing - Online and in-person relationships	Keeping Safe and Managing Risks - Keeping safe out and about	Emotional Wellbeing - Celebrating the past and embracing the future	SRE / Transition